



STOMPING OUT TYPE 2 DIABETES



FEB 26

TOM
BROWN
PARK

5k Run - 8:30 am, Bike Races - 9:00 am,
Family Fun 1 Mile Walk - 10:00 am,
Celebrity Activity Centers - 9:00 am - Noon
Free Health Information

Fun for the whole family

Come to the park for an exciting morning of fun, entertainment and activities including:

- International pro riders from Team Type II
- Celebrity coaches and athletes from FSU, FAMU and the NFL
- Student and teacher musicians along with dance teams
- Fun fitness & health education activities provided by Premier Health & Fitness Center and Tallahassee Memorial HealthCare
- Fire Fighters Awareness Center
- Lunch provided by Tropical Smoothie for registered participants at 11 am.

Sign up early at your public school to help your school win the Stomp School Participation Award. Help create community awareness, raise funds to support wellness programs in public schools, and STOMP OUT TYPE 2 DIABETES!



Tallahassee Memorial Hospital

